

Corning-Painted Post Little League

Welcome to CPPLL & T-Ball



Introduction

Welcome to Corning-Painted Post Little League (CPPLL)! We are thrilled to welcome you and your child to our T-Ball program. For many families, T-Ball is a child's very first experience with organized sports, and we take that responsibility seriously.

Our mission at the T-Ball level is simple: Create a fun, positive, and encouraging environment where kids can learn, grow, and love coming to the field.

This packet is designed to walk you through what to expect, how you can get involved, and why CPPLL is such a special part of our community.

What T-Ball Is (and What It Is Not)

T-Ball is an instructional, introductory program focused on fundamentals and fun, not competition.

At this level:

- There are no standings
- There is no pressure to perform
- Every child:
 - Hits every game
 - Plays the field
 - Is encouraged equally

We understand that children come into T-Ball with very different levels of experience. Some may have played in the backyard; others may be picking up a bat for the first time. That is completely okay. Our program is designed to meet kids where they are.

Skills Your Child Will Learn

- Hitting a ball off a tee
- Running bases in the correct direction
- Throwing and catching fundamentals
- Listening to coaches and following simple instructions
- Playing cooperatively as part of a team

Just as important, they'll learn:

- Confidence
 - Sportsmanship
 - Taking turns
 - Trying new things
 - Having fun as part of a group
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Volunteering: The Heart of CPPLL

CPPLL is a 100% volunteer-run organization. From coaches to board members to field prep and events, everything happens because parents step up.

Why T-Ball Volunteers Matter So Much

T-Ball is our largest division, which means it also has the greatest need for volunteers, especially coaches and assistant coaches. Smaller groups, more adults on the field, and more encouragement make a **HUGE** difference for kids at this age. If you are interested or even curious about what is involved in coaching please reach out to cpplittleleague@gmail.com for more details.

All adults on the field are required to have background checks as part of LL rules. This is at no cost to the volunteer and is a hassle free process.

Opportunities to Volunteer

Coaching:

This is the most obvious and very rewarding. You get to make a difference in the lives of many young players. You do not need to be an expert at baseball/ softball the most important aspect in coaching this age is encouragement and keeping children engaged. It is also important to remember coaches are not alone. The CPPLL board and your VP are here to support you.

Other opportunities:

Assistant Coaches- Help the Coach to wrangle the players during the games and in practices. This is a great way to be engaged as well as to be close by if you have a child that may need extra attention or has trouble with separation. Even a dugout parent is a huge help.

Field Workbees- There will be multiple “worker bee” days, usually in the beginning and end of the year. These days include repairs to the facility, hanging signs, painting, etc. Great way to get involved and learn be able to see your contribution all year.

Concession stands- A parent from each registered child is expected to work at least one concession stand duty. Don't worry, we will help you. For each concession stand duty, we have a “Board Member on Duty” (BMOD) assigned. They know the concession stand roles inside and out.

Common Fears and Why You Don't Need to Worry

“I've never coached before.”

That's perfectly normal and very common. Most T-Ball coaches are parents coaching for the first time.

“I don't know baseball well enough.”

You don't need to. T-Ball coaching is about:

- Keeping kids engaged
- Providing basic structure
- Encouraging effort
- Making sure everyone has fun

It is not about advanced instruction or deep baseball knowledge.

“I’m worried I’ll be on my own.”

You won’t be. CPPLL has built strong support into the T-Ball program:

- Practices are joint practices, not isolated teams
- Drills are pre-planned and organized by the Coaching Coordinator
- A short meeting before practices is held to review drills and expectations
- Each division, including T-Ball, has a Vice President (VP) assigned to support coaches and parents throughout the season

You’ll always know what the plan is, and you’ll always have someone to ask.

Why You Should Consider Volunteering

- Your child benefits from seeing you involved
- Kids get more attention and encouragement
- Teams run smoother and stay organized
- You become part of the CPPLL community
- Many parents find coaching is one of the most rewarding parts of the experience

How to Volunteer

- Log into your **Sports Connect** account (used for registration) and sign up
 - Or email cpplittleleague@gmail.com
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Practice & Game Schedule: What a Typical Season Looks Like

Practices

- Joint practices will begin in April as weather permits and last until games start in May
- Individual team practices may be set up after May by each teams Coach
- Practices are structured, organized, and designed to keep kids moving and engaged

Joint Practices Allow:

- Consistency across teams
- Shared coaching support
- Efficient use of fields
- A fun, energetic atmosphere for kids

Games

- Games begin on **Opening Day** (traditionally the first Saturday in May)
- Typical Schedule:
 - **One Saturday game**, scheduled within a 9:00 AM – 3:00 PM window
 - **One weekday game**
 - Games typically last about 1 hour.
- You will receive a game schedule and practice schedule from your coach in April.

Communication

- The main communication platform for games, practices, team photos, weather cancellations, etc. is GameChanger.
 - A link to your team’s GameChanger app will be sent by your coach.

- Communication from CPPLL to coaches will begin happening in March. Teams and coaches will be assigned, and communication from Coaches to Parents will start in late March/early April.

Equipment: Keeping It Simple

We intentionally keep equipment requirements minimal at the T-Ball level.

What Your Child Needs

- Bat: USA Baseball or USA Tball



- Helmet: no cracks in fair condition
- Glove
- Close toed shoes, no sandals please

That's it—no special cleats, uniforms beyond what the league provides, or extra gear is required.

What the League Provides

- Baseballs
- Batting tees

Need Equipment?

If your family needs help obtaining equipment, **please reach out**. CPPLL maintains a supply of spare bats, helmets, and gloves, and we are happy to help.

cpplittleleague@gmail.com

No child should ever miss out due to equipment needs.

The Benefits of CPPLL — Beyond Baseball

For Players

- A safe, welcoming first sports experience
- Positive adult role models
- Confidence, building through participation
- A foundation for future sports and teamwork

For Parents

- A supportive, family-friendly community
- Opportunities to be involved and connected
- Shared experiences with your child
- Lasting friendships with other families

For the Community

- CPPLL is a nonprofit organization serving local families
 - Volunteers help sustain youth sports in our area
 - Participation strengthens community pride and connection
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Final Thoughts

T-Ball is about smiles, learning, and creating positive memories. Whether your child continues on in baseball for years or this is their only season, we want it to be a great experience.

If you ever have questions, concerns, or just need guidance, we're here to help.

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Welcome to CPPLL, we're glad you're part of our community.